

European Spa

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MOROCCAN MAGIC

Wellness cures at the stunning Royal Mansour Marrakech Spa

SPA TRENDS 2020

European Spa's guide to what will shape the year ahead

AQUA SANA IRELAND

A triumph of wellness design at Center Parcs Longford Forest

HIGH-TECH FACIALS

Our pick of the best available results-driven facial technology

Five of the best: Serums

iS Clinical Genexc Serum

Vitamin C, extremozymes, hydrolysed eruca sativa leaf, kakadu plum extract and fruit acid extracts combine to brighten, fight free radicals and improve skin tone and elasticity.

www.isclinical.com



Murad Retinol Youth Serum

Fast-acting and time-released retinol are boosted to ensure this super-charged trio of ingredients minimise lines, firm, boost radiance and even skin tone.

www.murad.co.uk



Swiss Line Cell Shock Age Intelligence Essential Serum

Prebiotics and probiotics combine with Madecassoside, Ectoin and Adenosine triphosphate to reduce skin inflammation and protect the barrier function of the skin.

www.swissline-cosmetics.com



Kerstin Florian Clarifying Refining Probiotic Serum

Probiotics with copper, organic kelp and AHAs optimise skin function, drawing out impurities, balancing oil production and refining pores for visibly improved clarity and texture.

www.kerstinflorian.co.uk



Nescens Activator Serum Stem Cells

This activator serum increases the regenerative power of stem cells in the skin, optimising epidermal regeneration and bringing a youthful look to the skin.

www.nescens.com



Mexican wave

Taking inspiration from the rich colours of the art scene and vibrant cityscape of Mexico's capital, OPI has launched its spring range, the Mexico City Collection.

The collection's 12 new shades are available in classic Nail Lacquer, Infinite Shine and GelColor formulas, and six of them are also available in Powder Perfection.

In typical OPI style, tongue-in-cheek names include the neo-mint hues of Mexico City Move-Mint and Verde Nice to Meet You; the luminous yellow and shimmering gold of Don't Tell A Sol and Suzi's Slingshot Mezal; and the bold oranges of Mural Mural on the Wall and Coral-ing Your Spirit Animal.

www.opiuk.com

Treatment focus



Sensory Retreats concept debuts at Stoke Park

Clare Anderson, founder of the Lava Shells and kokolokahi brands, who has over 25 years' experience working with luxury spas, has launched a unique new product house and holistic wellbeing brand called Sensory Retreats.

Designed to stimulate the five senses of sight, sound, smell, taste and touch, the wellbeing therapies use natural ingredients, mindful experiences, unique massage techniques and the healing power of touch, sound and crystals to help the spa guest to relax, rebalance and reset.

The first treatment, Sensory Retreats Mandala Flow, devised in co-operation with wellness specialist Candice Pennington to promote serenity and mindfulness, has debuted at the Stoke Park Hotel & Spa in Buckinghamshire.

www.sharedbeautysecrets.com